Free talk:

Demystifying your Microbiome!

Learn how to love your guts.

When: Wednesday October 26th 7pm

Where: Health In The Bay, Suite 2,
27 Grosvenor St., Neutral Bay

Topic: Discuss the latest in Microbiome (gut flora).
How you can help it, how it helps you.

Length: 45 minutes talk, followed by Q&A.

Reservations: Email to reserve your spot
reception@healthinthebay.com.au

Availability: 12 spots only.

HEALTH
IN THE BAY
NEUTRAL BAY NATURAL
HEALTH & WELLNESS